



VOICE programs encourage physical activity of all types because evidence shows that individuals who lead healthy lifestyles develop positive attitudes and are less likely to abuse tobacco, alcohol and drugs.

Focus

We focus on education, health and wellness to prevent substance abuse in our children and youth.

Vision

We envision a safe, healthy and thriving community for children and families.

Mission

We empower children, youth and their families to lead healthy and productive lives by promoting success in education, nurturing wellness in mind and body and developing skills in tomorrow's global leaders.

Guiding Principles

- Children are our greatest asset.
- Lifelong health and wellness begin with good decisions.
- Education is the key to unlocking the future.
- Parents are children's strongest advocates.
- Strong families are the cornerstone of thriving communities.



Quick Facts

5,200 healthy lunches served during summer programs

68 schools served

36 staff members

1,549

books given to students to encourage reading

college scholarships awarded 3

60,000+

individuals impacted through large group, small group and one-to-one interactions

participants in programs 517 held at housing authorities

6,478

hours contributed by volunteers

years of serving children, youth and their families

SERVING

16

COUNTIES

Anderson

Bosque

Cherokee

Coryell

Falls

Freestone

Hamilton

Henderson

Hill

Kaufman

Limestone

McLennan

Milam

Navarro

Rains

Van Zandt

Leadership

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Ashley Thornton, Director Continuous Improvement, Baylor University

Jeff Wilhelm, Fire Prevention Specialist Waco Fire Department

VOICE EXECUTIVE STAFF

Lynda Sloan, Chief Executive Officer

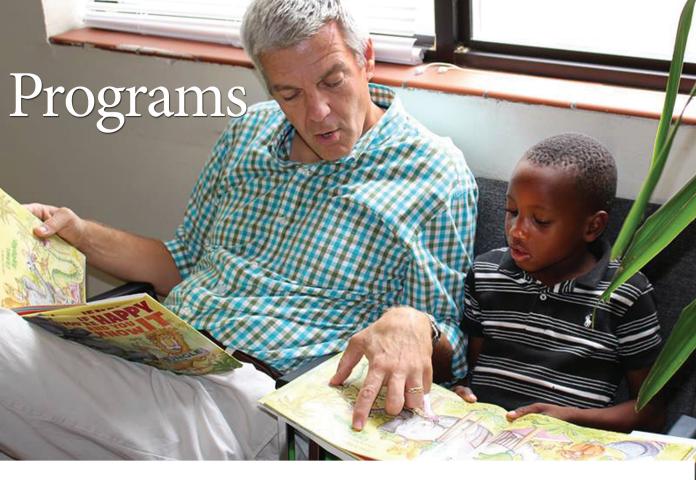
Luan Arnett, Chief Financial Officer

Cheryl Allen, Director of Program Advancement

John Goodnight, Deputy Director of Programs

Marian DeLeon-Smith, Region 7 Program Director

Valerie Horn, Regions 3 and 4 Program Director



Children, youth and adults learned the harmful effects that alcohol, tobacco and other drugs have on individuals, families and the community during **Alcohol, Tobacco and Other Drugs Educational Presentations**.

1,034 tobacco presentations were made to 18,614 children, youth and adults and 1,048 alcohol and other drugs presentations were made to 17,948 children, youth and adult participants

Families attended **tobacco**, **alcohol and drug free community events** that gave
them the opportunity to enjoy time together
in a safe, healthy environment.
32 events were attended by 22,859 children
and youth and 7,010 adults

Students in the first through eighth grade, identified as being at elevated-risk for early substance abuse, delinquency and violence, participated in **Curriculum-Based Support Groups** held on school campuses. In small group settings, they were taught how to: cope with difficult family situations, resist negative peer pressure, respect themselves and others, set and achieve goals, make healthy choices and refuse alcohol, tobacco and drugs.

775 students participated in the program

In La Voz Para La Familia, Spanish-speaking parents learned to advocate for the educational needs of their children, improved their ability to communicate in English and, along with their children, developed skills to strengthen family relationships.

128 adults and 160 children were served by the program

High school students gained the knowledge and skills necessary to be effective leaders, volunteers and employees in the community by attending **Pathways to Success** (formerly TOOL and Master Scholars Programs). Each teen completing the one-year program, which included forty-six hours of volunteer work, received a \$500 college scholarship and was eligible to be hired for VOICE spring break and summer programs.

28 students received college scholarships and 1,288 volunteer hours were given to the community

Ninth through twelfth grade students who demonstrated high-risk for substance abuse learned self-control, effective communication, appropriate decision-making and how to live alcohol and drug free in **Project Toward No** Drug Abuse.

448 students participated in the group sessions

During spring break vacation, children residing in low-income neighborhoods, including housing authorities, attended **Spring Training** where they learned healthy behaviors that emphasized physical fitness and good nutrition. 157 children learned new behaviors with the assistance of 35 volunteers



Programs

Family relationships improved when youth, parents and siblings learned to communicate effectively by attending **Strengthening**

Families Program together. The seven-week, fourteen session program has been proven to significantly improve family communication and reduce problem behaviors, truancy and alcohol and drug abuse.

275 adults accompanied 392 youth, many recommended by the court system, and their siblings

held in housing authorities that helped students maintain mental acuity and wellness over the summer. Using nationally recognized curriculum, children learned how the brain influences learning and behavior. The value of books was emphasized and volunteers from partner organizations joined VOICE staff in reading with the students on a one-to-one basis.





Students from kindergarten to eighth grade increased their love of learning and art while attending **Summer Freedom School**, a multiweek program held on school campuses in low-income neighborhoods. For their children to attend, parents were required to volunteer three hours per week at the program and attend year-round training that encouraged them to play active roles in their children's lives and education.

131 students attended, while 145 adults attended the parent training and volunteered at the program for Drugs where they learned to resist peer pressure, set goals, make sound decisions, respect self and others, manage emotions and communicate effectively. The multi-session program focused on substance abuse education and was conducted at school campuses and community sites.

9,930 students learned how to avoid tobacco, alcohol and drug addiction

CAP (College Achievement Program)

CAP is a program conducted in Navarro and McLennan counties that encourages students to further their education after high school. Ninth through twelfth graders receive individualized and group support that help them access resources which will aid them in enrolling in, paying for and completing college.

Seniors that complete the required tasks are eligible to enter a drawing for a \$2,500 college scholarship. Completing CAP qualifies Navarro County students to receive an application to the Barney M. & Hester Kent Scholarship, the J. Tom Eady Scholarship and the Clifford Foundation Scholarship and McLennan County students to receive an application to the Clifford Foundation Scholarship.

Required Tasks

- Meet with CAP coordinator or advisor
- Submit most recent official high school and college transcripts
- Submit official copy of ACT or SAT results
- Complete three Kuder Navigator Assessments
- Submit up-to-date resume
- Complete the 2015-16 FAFSA
- Complete the 2016-17 FAFSA
- Apply for MAC College Money Program (McLennan County only)



VASA (Voices Against Substance Abuse) Community Coalition

VASA Community Coalition works to create a drug and alcohol free culture for young adults in McLennan County. Funded by a five-year grant from the Department of Health Services in 2013, the organization is researching and environmentally addressing the use and abuse of alcohol (underage and binge drinking), marijuana and prescription drugs in the county.

VASA began by researching the use of alcohol and drugs by young adults and the community's attitude regarding the issue. This task included surveying high school and college students, parents and other adults to determine their perception of substance abuse. The results of the survey will be released in April 2015. Using the collected data, the coalition is enacting environmental strategies that target young adult drinking, marijuana use and prescription drug abuse in McLennan County. Strategies include highlighting the increased risk of underage and binge drinking during prom and graduation and the penalties incurred by adults caught purchasing or serving alcohol to minors.

VASA Community Coalition Members

Business

Claude Van Ness, Lonestar T-shirts & Graphics

Civic/Volunteer

Keith Guillory, Waco Fire Department Sophia Martinez, Waco Police Department

Community Organizations

Cheryl Allen, VOICE

Cynthia Cunningham, Waco Recovery Oriented Systems of Care (ROSC)

Marian DeLeon-Smith, VOICE

Rhema McKinney, Care Net Pregnancy Center of Waco

Faith Based

Sam Doyle, Greater New Light Baptist Church Marshall Lopes, Mighty Wind Worship Center

Government

Teri Holtkamp, City of Waco

Health Care

Taylor Bee, Hillcrest TeenSafe Keith Reed, Hillcrest Teensafe Kahler Stone, Public Health District Darlene Terry, Veterans Affairs

Media

Hector Sabido, Prophecy Media

Parents

Tony Abad, L3 Communications

Education

Don Arterburn, Baylor University Heather Branch, Waco Independent School District Rose Freeman, Retired WISD Counselor Paul Gonzales, McLennan Community College

Treatment/Recovery

Kattina Bryant, Cenikor
Katrina Hansen, Cenikor
Tiffany Roberts, Cenikor
Evelyn Sadler, Bluebonnet Trails Community Services
Amy Soho, Cenikor
Nick Vache, Cenikor

Youth

Caitlin Clossen, McLennan Community College Ashley Steenberger, Baylor University

Community Partners

SCHOOLS

A.B. McBay Elementary

Agape Christian Academy

Blooming Grove Elementary

Blooming Grove High

Blooming Grove Middle

Bowie Elementary

Bruceville Eddy High

Canton Elementary

Carroll Elementary

Cedar Ridge Elementary

Chilton Elementary

Chilton Middle

China Springs High

Collins Catholic

Collins Middle

Connally Elementary

Corsicana High

Dawson Elementary

Dawson High

Dawson Middle

Drane Intermediate

Eustace High

Eustace Intermediate

Eustace Primary

Fairfield Elementary

Fairfield High

Fairfield Intermediate

Fannin Elementary

Frankston Elementary

Frost Elementary

Frost High

Frost Middle

Grand Saline High

Grand Saline Middle

Harmony Science Academy

Hillsboro High

J.H. Hines Elementary

Kerens Elementary

Kerens High

Kerens Middle

LaVega Elementary

LaVega High

LaVega Intermediate

Mabank High

Mabank Junior High

Malakoff Elementary

Marlin Elementary

Marlin High

Marlin Middle

Mart Elementary

Mart Middle

Mexia High

Mildred Elementary

Mildred Junior High

Navarro Elementary

New Summerfield Elementary

O.P. Norman Junior High - Kaufman

Provident Heights Elementary

R.O. Simms Intermediate

Rice Elementary

Rice High

Rice Intermediate

Sam Houston Elementary

South Waco Elementary

Spring Valley Elementary

Teague Elementary

Tennyson Middle

Tool Elementary

University High

Waco High

West Avenue Elementary

Wills Point Middle

COMMUNITY

Advocacy Center for Crime Victims and Children

Athens Housing Authority

Bluebonnet Trails Community Services

Boys and Girls Club, Corsicana

Cain Center

Calvary Baptist Church, Waco

Cenikor

City of Tool

Communities in Schools of the Heart of Texas

Community Coalition Partnership, Longview

Corsicana Housing Authority

Doris Miller YMCA

Drug Prevention Resources, Inc.

Fairview Apartments, Athens

Freedom Fellowship, Corsicana

Henderson County Extension Service

Henderson County HELP Center

Henderson County Juvenile Probation

Hillcrest TeenSafe

HOT Recovers!

Iglesias Bautista Calvario

Waco Housing Authority

Kiwanis Club of Cedar Creek

Lifeline Fellowship Family Church

Lil Angels Giving Back to the Community

Little Red School House, Corsicana

Mabank Housing Authority

Malakoff Housing Authority

Mary Peterson Child Care Center

McLennan Community College

Memorial Baptist Church, Corsicana

Mighty Wind Worship Center

Mosaic Family Services

NAMI Waco

Navarro County Alternative Education Program

Navarro County Juvenile Probation

New Life Praise Center

PAX United

Rainbow Days, Inc.

Recovery Resource Council, Fort Worth

Right Track Ministries

Road to Damascus Resource Center

Sixth Avenue Baptist Church

St. Peter Lutheran Church, Mabank

Taylor's Memorial, Corsicana

Temple Nueva Vida, Corsicana

Texans Standing Tall

Texas Agrilife Extension

The Library at Cedar Creek Lake

UT Arlington CARS

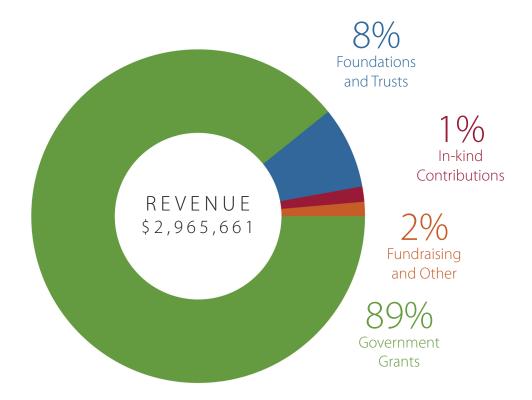
Viento Fuerto Church, Waco

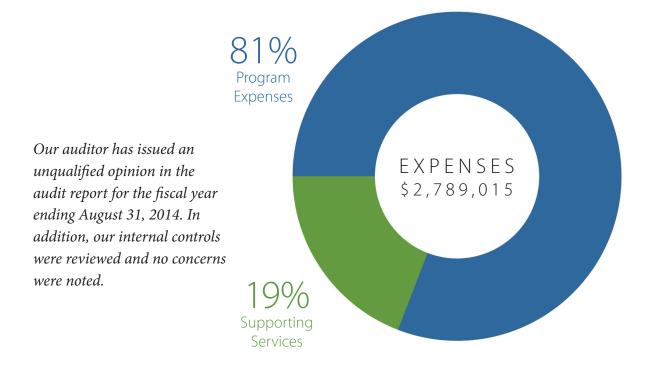
Waco-McLennan County Public Health District

West Hylands Apartments

YMCA, Corsicana

Financials





Supporters

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Centene Management Co LLC

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City Air Systems, Inc. Lori Clemons

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Joe D. Kennemore

Kerens First United Methodist Church

Kerens Kiwanis Club KidsCare Therapy William King Jr

Kiwanis Club of Cedar Creek Lake

Kiwanis Club of Corsicana

KWKT Fox 44 Barbara Lagomarsino

Vickey Little

Lone Star T-Shirts & Graphics

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Gale Meador Amanda Melton

Member's Choice Federal Credit Union

of Central Texas Heather Miller Edward Monk Napolis

Navarro College

Navarro Community Foundation

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Cara Wilson
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