

HEALTHY LIVING  
**KICK OFF!**



**Monday, January 25**

**6:00pm-7:30pm**

Bank of America, Suite 308, 3rd Floor

**JOIN US FOR:**

Monthly information for families to learn about healthy lifestyles including nutrition & exercise. A great way to build a strong and healthy family!

Attend the KICK OFF to get more details!

**WIN!**

Each time you attend you increase your chance to win a FAMILY MEMBERSHIP to the Corsicana YMCA & a Nintendo Wii Fit!



*Strong Families, Bright Futures*

check [www.voiceinc.org](http://www.voiceinc.org) for monthly topics